



Choose Your Path: 21st Century TOOLKIT



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#1 Skills Assessments

What are you naturally good at?

Career assessments can help you identify career paths you might not have ever considered before. Here are ten awesome career self-assessment tools that you can find online.



The Myers-Briggs Type Indicator (MBTI) is a powerful tool that can help you to identify your unique gifts. It can help you to understand your own motivations, natural strengths and potential areas for growth. Knowing your MBTI type helps you to be more self-aware, especially where you focus your energy, gather information and make decisions regarding how your preferences affect your approach to work, life and career. It does cost money to have a professional administer the MBTI, but you can also take it online and find imitators on the Internet. **Website:** myersbriggs.org



The Keirsey Temperament Sorter is a personality assessment that measures who you are, what you do, who you love, and what difference you make. **Website:** me.keirsey.com



This assessment helps to explore career options that are right for you by identifying your motivations and what is important to you. The results give a list of hundreds of jobs ranked on how well they suit you. **Website:** myplan.com



The IPIP Big-Five Factor Markers measures the five most widely accepted personality traits to identify learning styles and work preferences. **Website:** openpsychometrics.org/tests/IPIP-BFFM/



This personality is intended to help you learn what makes you tick and why you react the way you do by categorizing you into one of 16 personality types. **Website:** 16personalities.com

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Skills Assessments (continued)



CAREERwise Education (formerly iSEEK “Clusters”)

This self-assessment matches career clusters with the activities you enjoy, your personal qualities, and school subjects you like.

Website: careerwise.minnstate.edu



The MyNextMove tool uses O*Net Interest Profilers to help you identify what your interests are and how they relate to work, and what kinds of careers you might want to explore. O*NET Interest Profiler is sponsored by the U.S. Department of Labor.

Website: mynextmove.org/explore/ip



Holland Code Career Test

This Holland Code career inventory measures your interest level in six occupational areas to help you understand which jobs will suit your interests, talents, and aptitude. It is based on psychologist John Holland's RIASEC model of career choice.

Website: truity.com/test/holland-code-career-test



PI Behavioral Assessment

The Predictive Index predicts workplace behaviors by looking at your strongest behaviors to determine your management and influence styles. Results can be used to increase your work performance. **Website:** predictiveindex.com

#2 Experiential Learning

What have you done that you like?

Experiential learning means learning from experience. “Learning by doing” enables you to immerse yourself in an experience to develop new skills and insight into yourself and your interactions with others. Real-world experience is an opportunity to apply your interests in a real situation to learn about career options, and to discover what you love to do.

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#3 What's In Demand In New Jersey?

Learn About Demand Occupations and Credentials



It is important to seek work in a field that will allow for growth and long-term sustainability. The New Jersey Department of Labor and Workforce Development Demand Occupation List will help you find the jobs that are forecasted to be in-demand across the state of New Jersey.

http://careerconnections.nj.gov/careerconnections/prepare/skills/demand/demand_occupations_list.shtml

The Industry-Valued Credential List is a guide to work certificates, certifications, diplomas and degrees valued by New Jersey employers in key industry sectors. National experts estimate that by 2020, 65 percent of U.S. jobs will require some form of post-secondary credential. The Industry-Valued Credential List will help you identify the specific credentials that employers are seeking.

http://careerconnections.nj.gov/careerconnections/prepare/skills/credentials/industry_valued_credentials.shtml

#4 More Career Exploration

Additional Resources to Get You Started

mySkills myFuture Link: <https://www.myskillsmyfuture.org/>

Helps people explore new careers that may use the skills and experience gained in previous jobs.

GetMyFuture Link: <https://www.careeronestop.org/GetMyFuture/>

Offers career, training, and job search resources to young adults age 16 to 24.

CareerOneStop Link: <https://www.careeronestop.org/>

CareerOneStop offers a wide range of career, employment and education data and career exploration tools.

O*Net Online Link: <https://www.onetonline.org/>

O*NET OnLine has detailed descriptions of the world of work for use by job seekers, workforce development and HR professionals, students, researchers, and more!

NJCAN Link: <https://portal.njcis.intocareers.org/>

NJCAN is designed to support lifelong career exploration, and career planning and decision-making through easy to use.